



The sweetness of doing nothing

With technology ruling our lives and pulling our attention away from the beauty around us, embrace the pleasure of being idle.





## 7 DAYS + 6 NIGHTS LA DOGANA

...a beautiful 100 acre olive grove estate





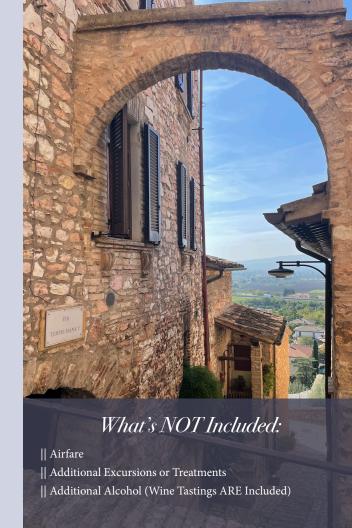


## Your Retreat Package Includes:

- | 6 Homemade Breakfasts
- | 4 Lunches at the Venue
- || 6 Dinners
- | 6 Nights Lodging in an Italian Country House
- || 1- 2 Daily Yoga Classes
- || Daily Art Prompts & Exercises with Instruction (Freedom of Expression is Encouraged)
- | 2 Town Tours with Private Guide
- || 1 Vineyard Trip & Wine Tasting w/ Light Lunch
- | 1 Italian Cooking Class
- || 1 Trip to CASTELLO DI MONTEGIOVE w/ Castle Tour, Wine Tasting & Light Lunch
- || Airport Transportation to and from Florence

COST: \$2625

Deposit: \$500



"Within the ancient walls of this castle, echoes of history whisper, as each stone tells a story of courage, love, and the enduring spirit of those who came before us."

